



## EQUIPMENT LIST

There is no uniform at Camp Highlands. It is a good place to wear out old clothes. The laundry is sent to town each Wednesday and returned the next day. Each camper's laundry is washed individually. The laundry prefers a **24 x 36, well labeled, cloth or nylon, clearly labeled laundry bag** with a drawstring. Please be sure that **each** clothing item is clearly labeled. A sewn name label works best.

The boys keep their clothing in footlockers or suitcases. Bedding is usually brought to camp in a duffel type bag. The beds use cot-sized mattresses, but twin sheets can be tucked under to fit, they usually put sheets on the bed and sleep in a sleeping bag on top. A sleeping bag is also used for camping trips and we strongly recommend one that is lightweight and packs up small.

**The following list is a suggestion of items that campers typically bring.**

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|--|--|--|
| <input type="checkbox"/> 4 sheets              | <input type="checkbox"/> 8 underpants            | <input type="checkbox"/> extra batteries             |
| <input type="checkbox"/> 2 pillow cases        | <input type="checkbox"/> 6 t-shirts              | <input type="checkbox"/> extra glasses               |
| <input type="checkbox"/> 2 warm blankets       | <input type="checkbox"/> 8 pair socks            | <input type="checkbox"/> sun glasses                 |
| <input type="checkbox"/> 1 sleeping bag        | <input type="checkbox"/> 3 long pants            | <input type="checkbox"/> disposable camera           |
| <input type="checkbox"/> 1 pillow              | <input type="checkbox"/> 3 short pants           | <input type="checkbox"/> biodegradable shampoo       |
| <input type="checkbox"/> 2 laundry bags        | <input type="checkbox"/> 2 swim suits            | <input type="checkbox"/> stationery                  |
| <input type="checkbox"/> 1 set rain gear       | <input type="checkbox"/> 2 sweatshirts           | <input type="checkbox"/> stamps                      |
| <input type="checkbox"/> 3 towels              | <input type="checkbox"/> baseball glove          | <input type="checkbox"/> books to read               |
| <input type="checkbox"/> 1 warm jacket         | <input type="checkbox"/> tennis racket           | <input type="checkbox"/> biodegradable soap & case   |
| <input type="checkbox"/> 1 light jacket        | <input type="checkbox"/> can of tennis balls     | <input type="checkbox"/> toothbrush & paste          |
| <input type="checkbox"/> 2 pair athletic shoes | <input type="checkbox"/> fishing gear (optional) | <input type="checkbox"/> sunscreen                   |
| <input type="checkbox"/> 1 pair water shoes    | <input type="checkbox"/> water bottle            | <input type="checkbox"/> insect repellent            |
| <input type="checkbox"/> 2 pair pajamas        | <input type="checkbox"/> flashlight              | <input type="checkbox"/> Swiss army knife (optional) |

The most commonly lost items are unmarked equipment like tennis rackets or personal items like CDs. It is not a good idea for boys to bring expensive baseball trading cards, or similar easily lost items.

iPods, CD players, or Game Boys, may not be played outside the cabin. If used during rest hour or before taps, headphones must be worn. **We cannot be responsible for possible damage to or loss of these items.**

**TV's and cell phones are not allowed. All cell phones used for travel are kept in the office.** We are at camp.

We have a nice tradition that boys put their name and address in one or two books they are through with to donate to the camp library. That's why we have so many books for campers to read during rest hour!

Don't forget water shoes. The best kind are sandals or those that strap on the feet.

Dr. Bronners or Ivory are good biodegradable soaps, and .

It can get cold at camp! It is a good idea to pack a warm hat and some good warm clothes just in case!

Returning campers should remember to bring their Highlands Kerchief.

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### Camp Highlands for Boys

**summer:** 8450 Camp Highlands Road, Sayner, WI 54560

**winter:** 4146 Lawn Avenue, Western Springs, IL 60558

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