EQUIPMENT LIST

There is no uniform at Camp Highlands. It is a good place to wear out old clothes. The laundry is sent to town each Wednesday and returned the next day. Each camper's laundry is washed individually. The laundry prefers a **24 x 36**, **well labeled, cloth or nylon, clearly labeled laundry bag** with a drawstring. Please be sure that **each** clothing item is clearly labeled. A sewn name label works best.

The boys keep their clothing in footlockers or suitcases. Bedding is usually brought to camp in a duffel type bag. The beds use cot-sized mattresses, but twin sheets can be tucked under to fit. They usually put sheets and blankets on the bed and use a sleeping bag on chilly nights. A sleeping bag is also used for camping trips and we strongly recommend one that is lightweight and packs up small. Nice quality trunks can be found on www.everythingsummercamp. com. We like the Happy Camper. Tell them we sent you and get a small discount.

The following list is a suggestion of items that campers typically bring.

** WE PROVIDE THE LINENS FOR INTERNATIONAL BOYS **

LINENS	2 pair pajamas	biodegradable shampoo
1 twin mattress pad	8 underpants	stationery
2 twin fitted sheets	6 t-shirts	stamps
2 twin flat sheets	8 pair socks	books to read
2 pillow cases	1 pair long tube socks	biodegradable soap & case
2 warm blankets	3 long pants	toothbrush & paste
1 sleeping bag	3 short pants	sunscreen
1 pillow	2 swim suits	insect repellent
2 laundry bags	2 sweatshirts	sketch book
3 towels	GEAR	tennis racket*
CLOTHING	water bottle	baseball glove*
1 set rain gear	flashlight	can of tennis balls*
1 warm jacket	extra batteries	fishing gear*
1 light jacket	extra glasses	*optional
2 pair athletic shoes	sun glasses	
1 pair water shoes	disposable camera	

The most commonly lost items are unmarked equipment like tennis rackets or personal items like CDs. It is not a good idea for boys to bring expensive baseball trading cards, or similar easily lost items.

iPods, CD players, or Game Boys, may not be played outside the cabin. If used during rest hour or before taps, head-phones must be worn. **We cannot be responsible for possible damage to or loss of these items.**

Cell phones are not allowed. All cell phones used for travel are kept in the office. We are at camp.

We have a nice tradition that boys put their name and address in one or two books they are through with to donate to the camp library. That's why we have so many books for campers to read during rest hour!

Don't forget water shoes. The best kind are sandals or those that strap on the feet.

Dr. Bronners or Ivory are good biodegreadable soaps.

It can get cold at camp! It is a good idea to pack a warm hat and some good warm clothes just in case! Returning campers should remember to bring their Highlands Kerchief.

